

Victim to Survivor



Support

Promote

Adolescent

Residential

Care

SPARC House

**150 Linden Ave
c/o Presbyterian Homes &
Family Services Campus
Lynchburg, VA 24503
Phone: 434.455.4060
Fax: 434.847.1703**

www.lynchburgva.gov



SPARC House

Program and Services Information



**150 Linden Ave.
Lynchburg, VA 24503**

Phone (434) 455 - 4060

Fax (434) 847 - 1703

For over 30 years, SPARC House has dedicated itself to the goal of victim to survivor based residential care, where female youth, ages 12-18, can address problem behaviors in a safe and supportive environment of trained professionals.

The Sparc House Residential Care

program accepts court and foster care referred young women between the ages of 12-18. Typical behaviors which place girls in SPARC House are running away from home, truancy, incorrigibility, and delinquent acts such as assault and battery or unlawful use of a vehicle. Family discord and issues surrounding a young woman's pregnancy are other typical reasons for referral.

The SPARC House "Victim to Survivor" program model is based on the belief that all behaviors are geared to meet a need. Students who enter our program come with identified behaviors that need to change in order for them to successfully function within their home and community. These young women are not "bad," but have adapted their behaviors to survive in their biological and/or environmental circumstances. Many young women have been victims of abuse, neglect, unplanned pregnancy, or family violence.

Our gender specific program adapts itself to the continuing needs of our female youth. Treatment and staffing take into account the needs, experiences and dynamics of the population we serve.

The cost for the group home program is currently \$141 per day. The average length of stay is six to nine months. If you are interested in making a referral, please contact Sallie Ingram for more information.

ISP

Within the first 30 days of stay, an individualized service plan is developed with input from the resident, parents, probation officers and/or social workers. This service plan serves as a road map for successful program completion. Weekly and monthly reports, contracts, and individually assigned counselors are tools used to track the resident's progress on service plan goals.

SPARC House Program Components



Three Phases

Sparc House utilizes a 3 phase program to identify, manage, and modify resident behavior. As residents move through the program, expectations and accountability are increased, creating greater focus on stated goals and leadership. In addition to positive reinforcement and natural consequences, a number of counseling resources are employed in the management of resident behavior.

Counseling

Our highly trained staff provide regular individual, group, and family counseling sessions to meet and address service plan goals. Weekly Accountability Groups explore household dynamics, interpersonal relationships, group negativity, and service plan accountability. Substance abuse education, anger management and parenting groups are just a few of the supplementary courses provided to our residents. Residents are referred to outside health care professionals as necessary.

Family Involvement

While at SPARC, both residents and their family are expected to actively participate in the completion of service plan goals. Our bi-weekly family meetings address family dynamics, communication, and environmental circumstances that lead to placement. A series of new patterns and techniques are developed to assist the family with identified areas of concern. These techniques are then practiced during earned weekend home visits with an end goal of successful family reunification.

Education

All residents are required to attend school daily and actively pursue a high school diploma or GED. Attendance, scholastics and classroom behavior are closely monitored through regular contact with teachers and guidance counselors. All residents are required to participate in our daily study hour where tutoring is provided.

Life Skills

SPARC is committed to educating our residents in life skills and independent living. Daily enrichment activities focus on job exploration, chores, nutrition, meal preparation, hygiene, etiquette, banking, scheduling, mediation, physical education, nature and the outdoors, camping, etc.

Community Service

All residents are required to complete community service hours in conjunction with their service plan. Projects are coordinated and monitored by group home staff throughout the year.